"We discover something about ourselves when we learn about our ancestors.”
Thomas S. Monson, “Constant Truths for Changing Times,” Ensign or Liahona, May 2005, 21

The new My Family: Stories That Bring Us Together booklet is a resource that you can use to help members feel the Spirit as they engage in family history and temple work. Encourage and help members to follow these steps to get started:

**Talk**
with their family, and use the booklet to record stories and information about their ancestors and their families.

**Enter**
the stories and information they've collected into FamilySearch.org.
(You can offer to enter their stories and information for them, if needed.)

**Attend**
the temple on behalf of their ancestors, or arrange for others to do so.
Using the Help Others Feature

If members need help recording information from the booklet, you can sign in and enter the information for them by using the Help Others feature on FamilySearch.org/myfamily.

To sign in as a helper, follow these steps:

1. Get the member's first and last name, birth date, and “helper number.”

2. Go to FamilySearch.org/myfamily and sign in with your username and password.

3. Click Help others. A pop-up box appears.

4. Use the appropriate option:
   - If the person you are helping has a FamilySearch Account, you can enter his or her username and helper number and click Sign In.
   - If the person does not have a FamilySearch account, click Full Name.

5. Enter the first and last name, birth date, and helper number of the person that you want to help.

6. Click Sign In.

7. Enter information from the booklet into Family Tree for the person you are helping.

8. When you are finished helping, click STOP HELPING OTHERS.

9. When the system asks if you are sure, click Stop.