

Episode 1

Music with a Message

CHEERFULNESS, OPTIMISM

[BEGIN MUSIC]

NARRATOR: There never was a greater time in the history of the world to live upon the earth than this. How grateful every one of us ought to feel for being alive in this wonderful time with all the marvelous blessings we have. And on top of that is the restoration of the gospel of the Lord Jesus Christ with all of the keys and authority, with all of the gifts and blessings, with all the organization and doctrine of all previous dispensations brought into one. And you and I are partakers of that marvelous restoration.

Julie de Azevedo sings “Joy in the Journey” from the Especially for Youth album of the same name.

(Music: Julie de Azevedo, “Joy in the Journey”)

[END MUSIC]

NARRATOR: “Wherefore, be of good cheer, and do not fear, for I the Lord am with you, and will stand by you; and ye shall bear record of me, even Jesus Christ, that I am the Son of the living God, that I was, that I am, and that I am to come” (D&C 68:6).

[BEGIN MUSIC]

NARRATOR: Good cheer is a state of mind or mood that promotes happiness or joy. With God’s help, good cheer permits us to rise above the depressing present or difficult circumstances. It is a process of positive reassurance and reinforcement. It is sunshine when clouds block the light.

The Mormon Tabernacle Choir and Orchestra at Temple Square perform “Sunshine in My Soul” from the album “Then Sings My Soul.”

(Music: Mormon Tabernacle Choir and Orchestra at Temple Square, “Sunshine in My Soul”)

[END MUSIC]

NARRATOR: I believe the Lord is saying to each of us, “Be happy.”

[BEGIN MUSIC]

NARRATOR: The gospel is a thing of joy. It provides us with a reason for gladness. Of course, there are times of sorrow. Of course, there are hours of concern and anxiety. We all worry. But the Lord has told us to lift our hearts and rejoice. Cultivate an attitude of happiness.

[END MUSIC]

NARRATOR: Cultivate a spirit of optimism.

[BEGIN MUSIC]

NARRATOR: Michael McLean gives us a lighthearted approach to choosing to be happy as he sings “Mission to Be Happy” from his “Changed” album.

(Music: Michael McLean, “Mission to Be Happy”)

[END MUSIC]

NARRATOR: Let us not partake of the negative spirit so rife in our times.

[BEGIN MUSIC]

NARRATOR: There is so much of the sweet and the decent and the beautiful to build upon. We are partakers of the gospel of Jesus Christ. The gospel means good news. The message of the Lord is one of hope and salvation. The voice of the Lord is a voice of glad tidings. The work of the Lord is a work of glorious accomplishment.

[END MUSIC]

NARRATOR: In a dark and troubled hour, the Lord said to those he loved, “Let not your heart be troubled, neither let it be afraid.”

We hear Rebecca Lopez singing “Be Still My Soul” from her album “When You Believe.”

[BEGIN MUSIC]

(Music: Rebecca Lopez, “Be Still My Soul”)

[END MUSIC]

NARRATOR: Let us rejoice that Jesus Christ’s Atonement makes it possible for us to truly repent, wipe clean our slate, start over and virtually begin a wonderful life.

[BEGIN MUSIC]

NARRATOR: Let us rejoice in the knowledge that regardless of any inadequacies we have, or feel we have, or may have been told we have—whether real or perceived—, the Lord Jesus Christ can make up any difference that may remain after we have done all we can to overcome our weaknesses.

[END MUSIC]

[BEGIN MUSIC]

NARRATOR: The vocal ensemble One Clear Voice sings the 19th Century Hymn by Fanny J. Crosby and Phoebe Knapp, “Blessed Assurance.”

(Music: One Clear Voice, “Blessed Assurance”)

[END MUSIC]

NARRATOR: I invite you to become as a little child and feel again the great and wonderful love made manifest by the Father and the Son in the coming of the Redeemer into the world.

[BEGIN MUSIC]

NARRATOR: Childlike faith in the perfect love of Heavenly Father and Jesus Christ will divide asunder Satan’s snares. You will experience greater joy in life as you eradicate adult-onset pessimism and substitute childlike optimism. Optimism is a virtue that allows us to see God’s loving hand in the details of our life.

Mindy Gledhill sings “I Will Rest in You” from her album “The Sum of All Grace.”

(Music: Mindy Gledhill, “I Will Rest in You”)

[END MUSIC]

NARRATOR: “Therefore, fear not, little flock; do good; let earth and hell combine against you, for if ye are built upon my rock, they cannot prevail” (D&C 6:34).

[BEGIN MUSIC]

NARRATOR: The Savior Jesus Christ said, “These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world” (John 16:33).

[END MUSIC]

NARRATOR: The Mormon Tabernacle Choir and Orchestra at Temple Square perform “Rejoice, the Lord Is King” from “Consider the Lilies.”

[BEGIN MUSIC]

(Music: Mormon Tabernacle Choir and Orchestra at Temple Square, “Rejoice, the Lord Is King”)

[END MUSIC]