

Episode 7

Scripture Stories

ENOS CHAPTER 11

[BEGIN MUSIC]

Because I want to be, like the Savior and I can,

I'm reading his instructions, I'm following his plan.

Because I want the power his word will give to me

I'm changing how I live, I'm changing what I'll be.

Scripture power-keeps me safe from sin.

Scripture power is the power to win

Scripture power, every day I need,

The power that I get each time I read.

CHILDREN: Welcome to Scripture Stories!

I'll find the sword of truth from each scripture that I learn,

I'll take the shield of faith from these pages that I turn.

I'll wear each vital part of the armor of the Lord.

I'll fight my daily battles and win a great reward.

Scripture power-keeps me safe from sin.

Scripture power is the power to win

Scripture power, every day I need,

The power that I get each time I read

[END MUSIC]

HOST: Scripture Stories is a program for you- the children. As you listen, remember that these stories are about real people who lived long ago. Along with us, you'll find these stories in the Scripture Stories books published by the Church of Jesus Christ of Latter-day Saints. Have your mother, father, teacher or a friend help you find the story and invite them to read along with you too.

If you remember, last week we learned that a ship carried Lehi's family across the ocean to the promised land. We also read that God commanded Nephi to make metal plates and to write upon them about his family and their travels. Nephi also wrote the words of God. Then we read about Jacob and Sherem. Sherem asked to see a sign. Jacob would not ask God for a sign. He said Sherem already knew that what Jacob had taught was true. God struck Sherem and he fell down and could not get up. Sherem knew he was going to die so he called the people together. He told the people he had lied. He said that they should believe in Jesus Christ. After Sherem finished talking to the people, he died.

The people felt God's power and fell to the ground. The people began to repent and read the Scriptures. They lived in peace and love.

{MUSIC}

HOST: I'm about to tell you a riddle and whoever figures it out raise your hand and let me know what this riddle is. Ok. Listen carefully. Everybody. Here we go. I'm not a person, place or object. I can be so quiet, that no one else can hear or loud enough that everyone in the room can hear. I can be used when you are alone or in a group. I am used anytime, anyplace, under any circumstances. I am used for gratitude, guidance, comfort, forgiveness, protection, help, good health, or for any other blessing you need for yourself or for someone else. You use me to talk with Heavenly Father. What am I? O.K

CHILD: Prayer.

HOST: Yes! Prayer. That's right. Do you remember in the riddle how it said it can be used for what?

CHILD: Speaking to Heavenly Father.

HOST: Yes, and it can be used for all those things. Remember in the riddle, gratitude, guidance, comfort, forgiveness, protection, all those things, and what is very special about prayer and nothing else can do, it can keep us close to who?

CHILD: Heavenly Father.

HOST: Yes. It can keep us close to Heavenly Father. He's our Father, He wants to hear from us. What if you went away to college and never called your mom or dad again? Would that be sad and lonely? Do you think your parents would like that very much? No. That would make them sad, that would make you sad. Well, we went away from Heavenly Father and He wants to hear from us. He wants us to talk to Him every day.

[MUSIC]

HOST: All right. Now, let's read the story of Enos, and that's Chapter 11, page 30.

CHILD: Enos was Jacob's son, he kept the plates and notes after his father died. One day Enos was hunting in the forest. He thought about his father's teachings and wanted to be forgiven of his sins. Enos knelt and prayed to God. He prayed all day, and he was still praying when night came. God told Enos that because of his faith in Jesus Christ, his sins were forgiven. Enos then wanted the Lord to bless the Nephites. He prayed for them and the Lord said He would bless them if they obeyed his commandments. Enos also wanted the Lord to bless the Lamanites. He prayed with great faith and the Lord promised to do what Enos asked him.

HOST: So why did Enos go to pray?

CHILD: Because he wanted forgiveness for the sins that he did.

HOST: All right, and why else?

CHILD: So that he could pray for the Nephites and Lamanites.

HOST: Awesome. Anybody else want to add to that? Ok. Who had taught him about Jesus Christ?

CHILD: His father, Jacob.

HOST: Ah, that is right. How have your parents helped you learn about Heavenly Father and Jesus Christ?

CHILD: By reading the Book of Mormon every night and saying prayers as a family.

HOST: Awesome!

CHILD: He teaches me how to say prayers.

HOST: That's wonderful.

CHILD: Mm, to go to church so that we can learn more.

HOST: Yes. Anybody else? Ways that your parents have helped you learn about Jesus?

CHILD: Coming after us.

HOST: Hmm light laughter. That's a good one.

{MUSIC}

HOST: What is mighty prayer and supplication? Those are big words. Mighty prayer and supplication. Go ahead.

CHILD: It's a really strong prayer.

HOST: Exactly. It's a really strong prayer. When you are using all your brain cells and all your faith cells and all your energy to focus on your prayer and speak to Heavenly Father. Mighty prayer and supplication. What might go along with mighty prayer and supplication? Something that your parents do once a month and maybe you do after you're baptized? Once a month, one Sunday a month?

CHILD: Fast.

HOST: Right, so fasting would go with that to help prepare you to receive an answer.

BOY: If you hear General Conference?

HOST: Yes. All those things help prepare you for mighty prayer and supplication, also its when you have something you really, really really want to know from Heavenly Father. And so you use all your strength and energy to do it. Do you remember how long Enos was praying?

CHILD: It was all day and all night.

HOST: That is right. That's a long time. Do you think you would be tired after mighty prayer and supplication? I think so. Probably tired and little bit hungry. But do you think you'd get a wonderful answer?

GIRL: Yes.

HOST: I think so, just like Enos. How do you think this kind of prayer is different from other prayers?

CHILD: Well, uhh. First of all this prayer is longer, and also you are probably going to feel the Spirit a lot more.

HOST: Mhm.

CHILD: It's a lot different from normal prayers is because normal prayers are kind of just saying the prayers in what you are thankful for, thankful for family, food and you're kind of just thanking and blessing food, and on the mighty prayer and supplication what you are kind of doing is you're taking more time thinking what you are going to say to Heavenly Father. And you are taking more time to notice what you are going to say is true.

HOST: Mhm.

CHILD: Well, mm, the one that Enos made was much longer, so it was stronger.

HOST: It sure seems like it, huh? Do you know, did you ever get in the habit of saying the same thing over and over, like upon the food. Bless the food that will nourish and strengthen our bodies? (light laughter) . Well, how is mighty prayer and supplication different from that?

CHILD: That he really meant it and he doesn't, he's not going to go and say that same thing over and over and over and over.

HOST: Right. Exactly. How did Heavenly Father answer Enos's prayer?

CHILD: He said that like, I will if they keep my commandments. And like, I will if they follow Jesus Christ, I will do that if they do the right, if they choose the right.

HOST: O.K. Awesome! Anybody else? How did Heavenly Father answer Enos's prayer? How did He help Enos to feel.

CHILD: He felt the Spirit and he blessed the Nephites and the Lamanites.

CHILD: Wonderful.! Thank you. How did Enos know his sins were forgiven? Because that is another thing he told Enos that his sins had been forgiven. And now he was o.k. with the Lord. So, how did he know that?

CHILD: Because Heavenly Father told him.

HOST: That's right! And, maybe who else told him?

CHILD: The Holy Ghost.

HOST: That's right. Why did Heavenly Father say Enos was forgiven of his sins? That's an interesting thing to say when he prays.

CHILD: Probably because he had so much faith, so much faith, working together that, and Heavenly Father said you have a lot of faith maybe I should forgive him and he forgave him for all that faith that he had.

HOST: Great. Wonderful. OK. So, who did Enos pray for after his sins were forgiven?

CHILD: His enemies.

HOST: Yes, his enemies. Do you think maybe having his own sins forgiven made him feel differently about his enemies and helped him want to pray for them?

CHILD: Yes.

HOST: Yeah. You probably thought about them a little bit different, now that his sins were forgiven too. He probably thought maybe their sins could be forgiven. Do you think he maybe thought that?

CHILD: Yes.

HOST: I think so. What answer did the Lord give Enos about the Nephites?

CHILD: Maybe he gave the answer like, if they keep my commandments.

CHILD: He said like if they obeyed his commandments that He'd forgive them.

HOST: Awesome. And that he would also do what?

CHILD: Bless them.

HOST: Yes. O.K. Let's read on. Go ahead.

CHILD: "Even though the Lamanites fought the Nephites and tried to destroy the records, Enos prayed that they would become a righteous people. Enos prayed that the records he had kept would be safe. The Lord promised that someday He would give the Lamanites the teachings that were on the records. Enos preached to the Nephites. He wanted them to believe in God and keep the commandments. The Nephites tried to teach the Gospel to the Lamanites. They would not listen. The Lamanites hated the Nephites. Enos started teaching people about Jesus and the Gospel. He served God and loved him all his days".

HOST: Why do you think that Enos prayed for the Lamanites when they were the Nephites enemies?

CHILD: So they could become righteous.

HOST: Good.

CHILD: So he could help them to become better people.

CHILD: So that they could become a more peaceful race.

CHILD: Maybe so they would not be so mean to each other and so they could just be a big happy family and be friends.

HOST: Yes. Awesome. Exactly. So, what kind of blessings might you ask Heavenly Father to give to someone who's been unkind to you?

CHILD: I could pray for them to be able to repent and that I could forgive them more easily, and that they could become my friends.

HOST: That's wonderful. Anybody else, what kinds of things like if somebody maybe somebody doesn't understand you and you're always arguing all the time, what could you pray for them?

CHILD: That they be forgiven of their sins.

HOST: O.K. And maybe that the Holy Ghost would help them understand what's true. Yeah. And help them to see the truth and what's right. O.k. So what did Enos desire for the Lamanites, what did he really want for them?

CHILD: He really wanted them to be righteous.

HOST: Yes, he did. You're right. Why did he want them to be righteous? Because he knew it would help them to be what?

CHILD: It would help them get along.

HOST: Yeah. And it would also help them (pause)

CHILD: It would help them believe in Jesus Christ.

HOST: Yeah. And what happens when we believe in Jesus Christ? We feel..(pause)

CHILD: Good, and loved.

HOST: Yes. And we feel happy. He wanted the Lamanites to be happy. Right? O.K. Enos prayed for the safety of his people's records. Why were these records so important?

CHILD: Because later on they turned into the Book of Mormon.

HOST: That's exactly true. And why else are records important? Remember, Heavenly Father made Nephi and his brothers go back to get the brass plates, he made them go through all that trouble to go all the way back and get those brass plates. They were so important. Why are these records, these scriptures and records important?

CHILD: Because they actually bore witness of Christ's coming to the earth and they were true and it was written by people who were actually there.

HOST: Mhm. Yeah. That's wonderful. Eyewintess, right? Go ahead:

CHILD: Maybe because they're so special to us is because what if they think ahead of time maybe sometimes, maybe sometimes people will want to learn about the Gospel and maybe we should keep them saved so then maybe they could read on these, and so they probably thought of like what would my children's children, children want to know about it.

HOST: Absolutely. Kind of like a special, special journal, huh? Yeah. They could know the history of the people, they could know witnesses of Jesus Christ and also help them to be literate. Do you know what that word means? To know how to read and write. One of the reasons why they had to get the brass plates and why they were so concerned about these records is because they wanted the people to have written language. To know how to read and write and have those be passed on. So, what did the Lord promise Enos?

CHILD: That he'd forgive him of his sins and the Lamanites and the Nephites.

HOST: That's right. If they what?

CHILD: If they would follow his commandments. What does it mean to ask in faith?

CHILD: If you ask in faith that means that you really believe.

HOST: Yeah, awesome. What does it mean to ask in faith?

CHILD: Like you believe that you'll get an answer.

HOST: Yes, absolutely, so what promises were given to Enos?

CHILD: That they bless the Nephites and the Lamanites.

HOST: O.K.

CHILD: Mmm, that his sins were forgiven and that the Nephites and the Lamanites would be blessed.

HOST: Mhm. And, what promises were given to Enos?

CHILD: That the records would be preserved.

HOST: Yes, that's true, he also promised them that they could have happy blessings and all their faith and everything like that. How can we receive the same promises?

CHILD: By listening to the Holy Ghost, going to Church.

HOST: Right. And how can we receive the same promises about our records and our scriptures? We have to do what to them?

CHILD: Read them.

HOST: Yeah, we have to read them!

HOST: Are we reading the scriptures right this instant?

CHILD: Yes.

HOST: Yes we are, so we're doing it! Good job guys! What effect did the Nephites teachings and efforts have on the Lamanites? Remember when they tried to be missionaries to them and they tried to teach them, but what happened?

CHILD: They take them.

HOST: Oh, my goodness!

CHILD: They took them out of the cities.

CHILD: They did not want them about because they hated each other so much that they just ignored each other.

HOST: That's too bad. What did you learn about prayer from the story of Enos?

CHILD: Prayer is a way that you can communicate with God and it is the way, it is a way that God can tell you what is right and what is wrong and what you should do in a situation.

CHILD: The ancients said the same thing over and over and over in their prayers.

HOST: Mhm. What else have you learned about prayer?

CHILD: Lots of faith

HOST: Yes. With lots of faith. We should pray in faith, huh? When you pray, how do you talk to Heavenly Father? Like casual and rude, like, "Hey, I got a lot of blessings, I wanta bicycle or I need some pizza this afternoon." How should you talk to Him?

CHILD: You should say, "We thank Thee" or "Please bless us that we can do something", so we have to use words like Thee and Thou and Thy.

HOST: Right, we use the respectful form of language, Thee, Thou. All right, and what else? How should we talk to our Heavenly Father?

CHILD: In a kind voice and really nice because he is our Father, and would you like to treat your Father mean? No! Treat your Father nice as you would like to be treated.

HOST: O.K.

CHILD: Don't ask for things that you don't need.

HOST: O.K. And after all, he is the king of the whole universe. How would we talk to a king if we went to speak to a king?

CHILD: We would be very polite.

HOST: We sure would. And what would we do with our bodies?

CHILD: We would fold our arms.

HOST: That's right, and what else might we do if we were talking to a king? And in this case the king of the universe?

CHILD: You close your eyes and bow your head.

HOST: Mhm.

CHILD: Kneel down, like on a bed or a couch or on anything like that.

HOST: Absolutely. So we've learned enough and a lot about prayer. How can we make our prayers more sincere? So they're not, just remember how we talked about saying the same thing over and over or just using prayer to- like get blessings. How could we make it more sincere?

CHILD: Really think about what you're saying.

HOST: Yes.

CHILD: Pray with faith.

HOST: Great.

CHILD: Don't make it too naive.

HOST: Remember just saying thank you, huh? for things, and remember to pray for who?

CHILD: For other people.

HOST: For other people. Exactly. Just like Enos prayed for his enemies. Oh, that's all wonderful.

{MUSIC}

{SOLO - BOY}

In the morning when I wake before I work or play I always remember to kneel and softly pray. When I go to bed at night I go to kneel and pray - thank Thee Heavenly Father for blessings of the day.

{END MUSIC}

HOST: Enos heard the voice of the Lord in his mind and answer to his prayer. So, what are some other ways that we may receive answers to our prayers.

CHILD: To feeling of peace.

HOST: Yes. Are there certain ways that we can tell that Heavenly Father is speaking to us or is there always a voice that comes down and says, “My dear child, this is what you must do.” How can we feel the answer is from Heavenly Father?

CHILD: The Holy Ghost.

HOST: Yes. The Holy Ghost can speak to us.

CHILD: Through visions.

HOST: Through visions. Yes.

CHILD: Ideas can just come to our minds.

HOST: Absolutely.

CHILD: A feeling that something you are doing is not right.

HOST: Right. What’s a way Heavenly Father speaks to you?

CHILD: Feeling of peace.

HOST: Yeah. What’s a big major way that we can all listen to at conference time and in the magazines and everything like that?

CHILD: Counselors from Church, and our moms or dads or leaders or other people sent by the Lord.

HOST: Absolutely. And who especially?

CHILD: Prophets.

HOST: Yes. He can speak to us through the prophets. And he can also speak to us through what?

CHILD: Ah, Book of Mormon.

HOST: Yes. Through the scriptures and the Book of Mormon. Children in our whole audience, please share experiences you have had in receiving answers to prayer with your parents or brothers and sisters and maybe even your friends. We’ve learned so much. I hope we’ll all thank Heavenly Father in our prayers for all he taught us. And I also hope we’ll keep talking about the things we’ve learned with our families and other people we love. Next week we’ll read chapters 12, 13 and 14 of the Book of Mormon Stories. That’s King Benjamin, Zeniff, and Abinadi and king Noah. If you’d like to listen to this program again, a grown up can help you get a copy to play on your computer Ipod or other music player at radio.lds.org. You can also sign up to get new episodes as soon as they’re ready. If you’d like your own copies of the scripture stories as books or DVD’s, you can find them at scripture_stories.lds.org. or a grown up can get them for you at your local church distribution center. See you next week.

{MUSIC}

{CHILDRENS CHOIR – SCRIPTURE POWER}

Because I want to be, like the Savior and I can,
I'm reading his instructions, I'm following his plan.
Because I want the power his word will give to me
I'm changing how I live, I'm changing what I'll be.

Scripture power-keeps me safe from sin.
Scripture power is the power to win
Scripture power, every day I need,
The power that I get each time I read.

I'll find the sword of truth from each scripture that I learn,
I'll take the shield of faith from these pages that I turn.
I'll wear each vital part of the armor of the Lord.
I'll fight my daily battles and win a great reward.

Scripture power-keeps me safe from sin.
Scripture power is the power to win
Scripture power, every day I need,
The power that I get each time I read.

{END MUSIC}