

## **EPISODE 19**

### **Scripture Stories**

#### **CHAPTERS 30-31: ALMA, CAPTAIN MORONI BOOK OF MORMON STORIES**

[ BEGIN MUSIC: SCRIPTURE POWER]:

Because I want to be, like the Savior as I can,  
I'm reading his instructions, I'm following his plan.  
Because I want the power his word he will give to me-  
I'm changing how I live, I'm changing how I'll be.

Scripture power-keeps me safe from sin.  
Scripture power is the power to win.  
Scripture power, every day I need,  
The power that I get each time I read.

CHILD: Welcome to Scripture Stories!

I'll find the sword of truth from each scripture that I learn.  
I'll take the shield of faith from these pages that I turn.  
I'll wear each vital part of the armor of the Lord.  
I'll fight my daily battles and win a great reward.

Scripture power-keeps me safe from sin.  
Scripture power is the power to win.  
Scripture power, every day I need,  
The power that I get each time I read.

[END MUSIC]

HOST: Scripture stories is a program for you-the children. As you listen remember that these stories are about real people, who lived long ago. Read along with us. You'll find these stories in the Scripture Stories books, published by the Church of Jesus Christ of - Latter-day Saints. Have your mother, father, teacher or friend help you find the story and then invite them to read along with you too.

HOST: If you remember last week we read the story about the Zoramites and the Rameumptom. The Zoramites had once belonged to God's Church and had become wicked and worshiping idols. The Nephites wanted to keep the Zoramites from joining the Lamanites so Alma went with some of the other missionaries, to preach the word of God to the Zoramites. These missionaries were surprised and upset at how the Zoramites were worshiping in their Churches called synagogues. In the center of the Church the Zoramites had build a high platform called the

Rameumptom, there was room for only one person to stand at the top. The Zoramites took turns standing there reaching toward heaven and loudly reciting the same pray. In this pray the Zoramites said "God does not have a body, he is only a spirit". They also said" there would be no Christ". The Zoramites thought God has chosen only them to be saved in the Kingdom Of Heaven. They gave thanks for being his favorite people. After each of the Zoramites had prayed they went home and did not pray or talk about God again for an entire week. The wealthy Zoramites love gold, and silver and they bragged about their worldly treasures. Alma was sad to see how wicked they were, Alma prayed for him and his missionaries, to have strength and comfort and success in their efforts and work. After asking for help to bring the Zoramites back to the truth, Alma and the other missionaries were filled with the Holy Ghost. The missionaries then went in separate directions to preach. God blessed them with food and clothing and strengthen them in their work. Poor Zoramites were not allowed inside the Churches, these people began to listen to the missionaries, many ask Alma what they should do? Alma told them "they did not need to be inside a Church to pray or to worship God", he told them "to have faith in God". Then Amulet taught them about Jesus Christ and about God's plan for his children the missionaries left and the Zoramites who had believe them were thrown out of the city, the believers went to live in the land of Jershon with the people of Ammon although the wicked Zoramites threaten the people of Ammon, the people of Ammon help the righteous Zoramites and gave them food, clothing and land. We also read how Alma teaches about faith and the word of God. Alma taught the Zoramites about faith. He said "those people who ask for a sign before they will believe do not have faith". Alma said "Faith is believing that something is true without actually seeing it. He explained that faith grows as a person wants to believe and listens to the word of God. The word is then planted in the persons heart and like a seed it starts to grown, as a person learns more about the Gospel the seed sprouts and keeps growing. The person knows that the seed is good and his or her faith grows stronger. Alma said "That just as good seed produces good fruit the word of God brings blessings to people who have faith".

[BEGIN MUSIC]

I'll seek the Lord early while in my youth, and keep me humble  
to know the truth I'll search the scriptures and find him there,  
then go to our Father in fervent prayer, I'll seek the Lord early and  
I'll obey his living prophets and all they say, I'll keep his commandments  
his love will abound, I will seek the Lord early and he will be found.

[END MUSIC]

HOST: Children at home please turn to chapter 30. Alma counsels his sons.

CHILD: Alma was unhappy because of how wicked the Nephites has become. He talked to each of his sons about living righteously Alma told Helaman, his oldest son, to trust in God. He told him about the angel God had sent to tell Alma to stop destroying the church. For three days Alma had suffered because of his guilt. Then he remembered his father's teachings about Jesus and he knew his sins could be forgiven. Alma prayed for forgiveness and joy replaced the pain in his soul. He was forgiven because he had faith in Jesus Christ and had repented. Since then Alma had taught others the Gospel so they could feel the same joy he had felt. God had blessed Alma because of his trust in God. Alma gave Helaman the sacred records and told him to continue writing the history of their people. Alma told him if he kept the commandments God would bless him and help him protect the records. Alma also told Helaman to pray every morning and night and talk with God about everything he was doing so God could help guide him. Alma was happy with his son Shiloh who had been a brave

missionary to the Zoramites. Shiblon had remained faithful even when they had stoned him. Alma reminded Shiblon the only way to be saved is though Jesus Christ. Alma then encouraged his son to continue teaching the Gospel, Alma's son Corianton had not kept the commandments, he had not been a faithful missionary while teaching the Zoramites. Because of what Corianton had done, the Zoramites would not believe Alma's teachings. Alma told Corianton that people cannot hide their sins from God and that Corianton needed to repent. Alma taught his son that everyone will be resurrected, but only the righteous will live with God. This life is the time for people to repent and serve God Alma said. Reminding Corianton that he had been called to be a missionary, Alma told him to return to the Zoramites and teach the people to repent. Alma and his sons continued teaching the gospel they taught by the power of the priesthood.

HOST: Alma teaches his sons by first telling them the story on how he learned to repent. Why had Alma been suffering for three days?

CHILD: Because he was doing the wrong thing.

CHILD: And because um, God kind of punished him for lying about the things about the church.

CHILD: Because he was persecuting the church.

HOST: "Indeed" Anyone else have a comment on that?

HOST: Three days of suffering that's a lot

CHILD: Because he had done the wrong thing, he was bringing the church down and not helping it by teaching the right thing.

HOST: What was he feeling on the inside? What was that feeling?

CHILD: It was kind of like he was in a darkness, like he couldn't get out. It was kind of like he was in a coma he was in a sleep and couldn't get out of it, it was just a darkness.

HOST: Yes! He was feeling guilt! A lot of guilt.

HOST: What did Alma do so his pain would go away?

CHILD: He repented and said sorry about what I have done to Heavenly Father.

HOST: That is right! How did Alma feel after he had prayed?

CHILD: He felt Happy!

CHILD: His soul was filled with joy and happiness instead of the pain he was feeling.

HOST: UM! UM! Why did Alma want to teach others the Gospel after he had that experience?

CHILD: Um! because he wanted to help Heavenly Father because he knew that is was the right thing to do.

HOST: UM!

CHILD: He wanted to make up for what he had done in the past.

HOST: Sure! I'm sure that was a different part of it.

CHILD: He wanted to have everyone else to feel the joy and happiness that he had felt.

HOST: Absolutely!

HOST: Alma passed the scared records to his son Helaman to continue writing the history of their people.  
Why was it important for Helaman to keep the records or scriptures?

CHILD: So we can have them today and read them and know what is right.

HOST: Yes!

CHILD: So we can learn more about the Gospel

HOST: UM! UM!

CHILD: Because if he didn't keep them they probably would've gotten lost or destroyed somehow so that we wouldn't have the scriptures today to learn about.

HOST: UM! UM!

HOST: So how can the scriptures help us return to live with Heavenly Father?

CHILD: They can help us and guide us in our everyday lives.

HOST: They really can!

CHILD: If we know more about him and then we will have lots of faith in him, so then we can go back to heaven, because we believe in him.

HOST: YEA!

HOST: What did Alma teach Helaman about prayer?

CHILD: UM! That you should pray every morning and night and whenever you need help.

HOST: UM! UM!

HOST: So when should you pray?

CHILD: Any time we need to. Any day. UM! Anywhere and come back to the main question: he told them about prayer um because you can repent and about your sins that you have done.

HOST: UM! UM! Right!

HOST: What can we talk with Heavenly Father about through prayer?

CHILD: We can talk about anything we need too.

HOST: INDEED!

HOST: Why was Alma happy with his son Shiblon?

CHILD: Because he had been a strong missionary to the Zoramites even when they stoned him.

HOST: YEA! That showed a lot of bravery and faith and courage.

CHILD: He had remained faithful and he kept true to the church.

HOST: UM! UM! Exactly

HOST: How has your obedience to the commandments bought happiness to your parents just like this?

CHILD: Well they are just happy that I have been following the commandments because when they know I'm following the commandments they know that I go and live with Heavenly Father again.

CHILD: UM! My parents are really happy because when they know that I'm keeping the commandments, they know that I'm a good girl, and that I can be trusted and that I know, that they know that they will be able to see me again because I keep the commandments.

HOST: They probably also know you're more likely to be safe.

CHILD: Well if you think about it Heavenly Father is our dad pretty much and so when he sees us keeping the commandments he knows that we will be able to return and live with him again.

HOST: How was Corianton different from his brothers [laughs a little] Helaman and Shiblon?

CHILD: He was really not righteous. He never made the right choice and he wouldn't obey and he wouldn't follow the commandments and do what Jesus Christ would do.

HOST: UM UM

CHILD: UM he didn't try hard to convert the Zoramites unto the church he just kinda like what ever.

HOST: UM UM

CHILD: Like [child said before] he didn't try as hard as he should, since he wasn't trying as hard as he should or he was kind of teaching them a little bit of the wrong things.

HOST: YEA! And when exactly so-when you are not trying hard you really aren't keeping the commandments

especially when you are a missionary, well how does that affect the people you are trying to teach? How did his unrighteousness affect the Zoramites?

CHILD: When Alma came along and he tried to teach them what was right they wouldn't listen to him.

HOST: Why not?

CHILD: Because they really didn't feel the power of God and they're all like "No this isn't true. None of it is true," but it is true.

HOST: UM!

CHILD: He didn't teach them at all to do the right things and so then he comes back to them and says you know repent it's the right thing to do so they are kinda confused and saying what do I do here? So they are kind of lost.

HOST: YEA! May they think you guys are hypocrites, here your own missionary was being bad so we don't have to listen to you.

CHILD: Well they think that or if we convert, well we will just be practically doing the same things, just be following a different religion we don't have to obey differently.

HOST: YEA! That's a good thought, that's true.

HOST: So in what ways may our choices affect others?

CHILD: People, they watch us and they watch after us and so the things that we do and our integrity. Which means we act the same way even though people aren't looking, it means like you're a nice girl and then when no body is looking you'll cheat it's not like that you're like you are a good girl all the time so it affects them by the way you act, if you are a good person then they will be inspired to be a good person as well.

HOST: SURE

CHILD: May be if they know that we always, we never cheat, we never lie, we never do anything that would put us into harm, we never do drugs, anything like that, they'll wonder why, who are we and then they'll learn about the church and then they will become converted.

HOST: So you can be example? You can either be either a good example or a bad example? Right? Do you have a comment?

CHILD: UM! I was just going to say that if you are a bad example people are they'll look up to you and they will be like that too and they'll not do the right things.

HOST: ABSOLUTLEY! Who in your life is an example of someone who makes righteous choices? Who is someone that is an example of that?

CHILD: MY brother because he is on a mission.

HOST: AWESOME!

CHILD: UM! I have my parents and my brother, my older brother I've got my grandparents, my cousins, my whole family they make righteous choices so I have a lot of people I can look up to.

HOST: THATS GREAT!

CHILD: I have um two cousins, one is on a mission already and one just got his mission call and, and I have my mom my grandparents, I have my, like she said "I have my whole family to look up to".

HOST: So! Think of these people now! How do their choices affect you?

CHILD: Well my brothers choices make me want to go on a mission too.

HOST: WONDERFUL!

CHILD: UM! Like if it is someone you look up to and they set a bad example you might say well it's OK if I do that but it's really not and you should still try your best and do what you think is right.

HOST: UH HUH!

CHILD: By the way that the people that I love and they act it kind of, it makes me feel like the choices that they make, the Holy Ghost is proud of them and opens the door to a wonderful experience they can do and then they make another good choice and another door opens and so on. So it makes me feel like I want good things to happen in my life so I'm going to make good choices like them.

HOST: EXACTLY! EXCELLENT! What are some of the choices you have to make?

CHILD: Like in school either or not you should be mean to a kid or when you get older either or not to use drugs, or to go to church this day or stuff like that.

HOST: UH HUH!

CHILD: UM! If you want to read your scriptures every night or pray or maybe you like in your bed you are like Oh well I'm tired and I'm comfortable but I don't want to pray or read my scriptures but when you do you will be blessed.

HOST: UH HUH!

CHILD: UM! Some people have to make the decision if they want to go on a mission or not.

HOST: That's true. UM! How can the Holy Ghost guide you in making the right choices?

CHILD: The Holy Ghost can help you by telling you if you're in school and you're doing a test, the Holy Ghost can help you not like going to your teachers, not looking to cheat by looking at somebody else paper. The Holy Ghost can help you to not cheat or he can help you believe in Jesus Christ and Heavenly Father.

HOST: UM! OK!

CHILD: If we do good choices he'll open more doors to us and if we do bad choices then he'll keep those doors shut and wait for us to work on what we did wrong and repent.

HOST: UM!

CHILD: Maybe if we are confused about if I'm supposed to be at this place or not. Then the Holy Ghost will help you be able to know that this is the place that it is OK to be there or this is not a good place you have to leave immediately.

HOST: So what if you make the wrong choice? What can you do to make it right?

CHILD: If you hurt someone's feelings you can say you are sorry and repent to Heavenly Father and ask forgiveness from him.

HOST: ABSOLUTLEY! You can repent anytime. How do you feel after you made something that you did that was wrong right again?

CHILD: You feel so blessed that you can have that opportunity given to you.

HOST: UM!

CHILD: You can repent and ask for Heavenly Father's forgiveness and go and say sorry or do anything to the person that you made a bad choice.

HOST: You know one thing I feel when I repent is free. I feel free inside like before, when I'm making the wrong choice it is like a heavy burden that sits on my back and it makes me feel yucky on the inside but when I repent and pray to my Heavenly Father about it I feel open and free.

[BEGIN MUSIC]

There's a right way to live and be happy.  
It's choosing the right every day. I'm learning  
the teachings of Jesus, they will help me and  
show me the way.

Choose the right way and be happy I must  
always choose the right.

Though the Gospel I learn to be prayerful to have  
faith to repent to obey and I know if I live by his  
teachings I will truly be happy each day.

Choose the right way and be happy I must always

always choose the right.

[END MUSIC]

HOST: You are listening to Scripture Stories. Children please turn to chapter 31  
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HOST: Captain Moroni Defeats Zerahemnah.

CHILD: Zerahemnah the leader of the Lamanites wanted his people to continue hating the Nephites and to make them their slaves. The Nephites wanted to keep their land and their families free. They also wanted to be free to worship God. Captain Moroni was the leader of the Nephite armies, when the Lamanites came to fight Moroni and his armies met them in the land of Jershon, Captain Moroni had prepared his army with weapons, shields, armor and thick clothing. The Lamanites had a larger army but were scared when they saw the Nephites armor, the Lamanites were wearing very little clothing. The Lamanite army did not dare fight Captain Moroni's army, the Lamanites ran into the wilderness and decided to attack a different Nephite city. Moroni sent spies to watch the Lamanites he also asked Alma to pray to the Lord for help. The Lord told Alma where the Lamanites would attack. When Moroni received Alma's message he left some soldiers to guard Jershon and marched the rest of them to meet the Lamanites. Captain Moroni's soldiers hid on both sides of the river Sidon, waiting to trap the Lamanite army. A battle began and the Lamanites tried to escape by crossing the river, but more Nephites were waiting for them on the other side. Fighting harder than they ever had before, Zerahemnah and his army killed many Nephites, the Nephites cried to the Lord for help. The Lord strengthened the Nephite army, the army surrounded the Lamanites and Moroni ordered the fighting to stop. Moroni told Zerahemnah that the Nephites did not want to kill the Lamanites or make them their slaves. Moroni said the Lamanites could not destroy the Nephites faith in Jesus Christ. He said God would continue to help the Nephites fight as long as they were faithful, Moroni ordered Zerahemnah to give up his weapons the Lamanites would not be killed if they promised never to fight the Nephites again. Zerahemnah gave Moroni his weapons but would not promise not to fight. Moroni handed the weapons back so the Lamanites could defend themselves. Zerahemnah rushed at Moroni to kill him but a Nephite soldier hit and broke Zerahemnah's sword. Then the soldiers cut off Zerahemnah's scalp, put it on the tip of his sword and raised it into the air. The Lamanites would fall as the scalp had fallen he told them unless they gave up their weapons and promise to never fight again. Many Lamanites placed their weapons at Moroni's feet and promised not to fight. They were allowed to go free. Furious Zerahemnah steered up the rest of his soldiers to fight. Moroni's soldiers killed many of them. When Zerahemnah saw that he and all his men would be killed he begged Moroni to spare them, he promised never to fight the Nephites again. Moroni stopped the fighting and took the Lamanites' weapons after they promised not to fight the Lamanites again.

HOST: So why did the Lamanites want to fight the Nephites?

CHILD: They wanted to um to make them their slaves and take all their land and riches.

HOST: Yes! Why were the Nephites willing to fight?

CHILD: UM because they knew that Heavenly Father and Jesus Christ were on their side.

HOST: YES! Why else?

CHILD: Cause I don't think they would just go up to the Lamanites and say OK here you go you can have all our things. I think they would rather fight for it so they can keep it.

HOST: Right!

CHILD: They were kind of fighting for their liberty and they didn't want to give up what they had, so they wanted to fight, to fight for what they wanted.

HOST: ABSOLUTELY! And I'm sure all the men wanted to protect their wives and children and mothers and everything like that, to ha! Why are homes, families and liberties and church worth fighting for? Just as it was to the Nephites.

CHILD: Because they are all important to you, you don't want to lose all those. If I was to lose my family I would fight for it. I don't want to lose my family.

HOST: WONDERFUL! What do you value enough to fight for? You personally? What would you fight for?

CHILD: My Family!

CHILD: UM! My family and the church.

CHILD: My family and friends.

CHILD: I would fight for everyone in my family and I would fight for my country's freedom.

CHILD: For my country and my family and my friends, the church.

HOST: How did Captain Moroni prepared his army to meet the Lamanites at Jershon?

CHILD: He gave them thick clothing, armor and shields and lots of swords and spears.

HOST: Thank goodness HA! Why did this preparation frighten the Lamanites?

CHILD: Um! Because they had just a little bit of clothing and not very good weapons and they were frightened of them.

HOST: YEA! I think if I were wearing next to nothing and I saw a guy in armor coming towards me I would feel a little unprepared. So in what ways can you put on the Spiritual Armor of God and be prepared to stand for what is right? Just like the Nephites put on their armor, real armor, their physical armor, How can we put on our Spiritual Armor?

CHILD: Read the scriptures, say your prayers and actually think about Jesus Christ, take the sacrament

go to church and keep your mind and heart open for what Heavenly Father has to say to you and think about good things not bad things.

HOST: UH HUH!

CHILD: You can, like, if there's something bugging you in school or something that you don't like you can pray to Heavenly Father for help, and open our heart so he can put the armor on you so you can be strong.

HOST: WONDERFUL ! How did Captain Moroni find out where he should send his armies?

CHILD: He asked Alma to pray to Heavenly Father for help and Heavenly Father told Alma where the Lamanites were going to attack.

HOST: Was that a good idea? To ask the prophet? UM! YEA !

CHILD: If they didn't know where to attack, they wouldn't of have put guards in front of Jershon and Jershon would of been destroyed and the Lamanites would of been made or who ever lived in Jershon their slaves. So they put guards there in case anybody attack and then they knew where the Lamanites were going to attack.

HOST: DEFINITELY! Now in these days how can the prophets help us?

CHILD: Um, they can tell us things that Heavenly Father and Jesus what us to do, because Heavenly Father and Jesus um tell the prophet their words and he tells them straight to us.

HOST: WONDERFUL ! What did Captain Moroni's army do to receive strengthen and courage to fight?

CHILD: They prayed to God to help them and give them strength.

HOST: WONDERFUL ! How can prayer help you to put on the Armor of God?

CHILD: Because if we need help we can ask Heavenly Father and he will help us and he will put on your Armor of God.

HOST: THATS TRUE! After Moroni had surrounded the Lamanites what did he do that showed that he was not a man of bloodshed? That he wasn't a blood thirsty killer?

CHILD: UM! He told them if they put down their weapons and promised never to fight the Nephites again um they wouldn't hurt them and they would let them go.

HOST: Why did the Lord deliver the Lamanites into the hands of Moroni's Army?

CHILD: Because he knew they would be ready to fight them and he knew that they would give them a choice whether or not to stay and fight or go and be free.

HOST: UH HUH! What promise did the Lord make to the Nephites and to us if we are faithful?

CHILD: That we can be able to live with him again up in heaven.

HOST: What happened when the angry Zerahemnah would not make the oath of peace?

CHILD: Moroni gave back his weapons and then he, he was going to try to kill Moroni but someone stepped up and cut off his scalp.

HOST: UM! UM! What happened to the Lamanites who converted not to fight?

CHILD: They gave them their weapons and they were let free they could just go and not have anymore of this fighting.

HOST: HA! That was really nice of Moroni. Why is it important for us to keep promises and covenants just like Moroni? He kept his promise.

CHILD: So that we will be able to come closer to Heavenly Father and that we will be able to listen to him and know what we need to do to live with him again.

HOST: YEA! And so people can trust us! Children, as we put our trust in the Lord through prayer and keeping his commandments he will guide, strengthen and protect us. We've learned so much I hope we will all thank Heavenly Father in our prayers for all he taught us. And I hope we will give talking about the things we've learned with our families and other people we love. Next week we'll read Chapter 32, Captain Moroni and the Title of Liberty and Chapter 33, King Men verses Free Men. If you would like to listen to this program again a grown up can help you get a copy to play on your computer, I-pod, or other music player at [radio.lds.org](http://radio.lds.org). You can also sign up to get new episodes as soon as they are ready. If you would like your own copies of the Scriptures Stories as books or DVDs you can find them at [scripturestories.lds.org](http://scripturestories.lds.org) or a grown up can buy them at your local Church Distribution Center. See you next week.

[BEGIN MUSIC]

[END MUSIC]