

## Episode 28

### Scripture Stories

#### CHAPTERS 45-46

#### Jesus Christ Teaches, Book of Mormon Stories

[BEGIN MUSIC: Scripture Power]

Because I want to be like the Savior, and I can,  
I'm reading His instructions, I'm following His plan.  
Because I want the power His word will give to me,  
I'm changing how I live, I'm changing what I'll be.

Scripture power keeps me safe from sin.  
Scripture power is the power to win.  
Scripture power! Ev'ry day I need  
The power that I get each time I read.

[END MUSIC]

CHILDREN: Welcome to Scripture Stories!

[BEGIN MUSIC: Scripture Power]

I'll find the sword of truth in each scripture that I learn.  
I'll take the shield of faith from these pages that I turn.  
I'll wear each vital part of the armor of the Lord,  
And fight my daily battles, and win a great reward.

Scripture power keeps me safe from sin.  
Scripture power is the power to win.  
Scripture power! Ev'ry day I need  
The power that I get each time I read.

[END MUSIC]

HOST: Scripture Stories is a program for you—the children. As you listen, remember that these stories are about real people who lived long ago. Read along with us. You'll find these stories in the Scripture Stories books published by The Church of Jesus Christ of Latter-day Saints. Have your mother, father, teacher or a friend help you find the story and invite them to read along with you, too.

[BEGIN MUSIC: Tell Me the Stories of Jesus)

Tell me the stories of Jesus I love to hear,  
Things I would ask Him to tell me if He were here.

Scenes by the wayside, tales of the sea,  
Stories of Jesus, tell them to me.

Oh, let me hear how the children stood round His knee.  
I shall imagine His blessings resting on me;  
Words full of kindness, deeds full of grace,  
All in the lovelight of Jesus' face.

Tell me, in accents of wonder, how rolled the sea,  
Tossing the boat in a tempest on Galilee!  
And how the Master, ready and kind,  
Chided the billows and hushed the wind.

[END MUSIC]

HOST:

If you remember, last week we read Jesus Christ Appears to the Nephites followed by Jesus Christ Blesses the Children. Many Nephites gathered at the temple in Bountiful. They were amazed at the great changes in the land. The people were talking about Jesus Christ and the sign of His death. While they were talking, they heard a quiet voice from heaven. It made their hearts burn. At first they did not understand the voice, but when it spoke the third time, they understood it. The voice was Heavenly Father's. It introduced Jesus Christ and told the people to listen to Him. Jesus Christ came down from heaven and stood among the people. They were afraid to speak because they did not understand what was happening. They thought Jesus was an angel. He told them He was Jesus Christ, the one the prophets had said would come. Jesus told the people to come and feel the marks in His side and in His hands and feet, where He had been nailed to the cross. Jesus wanted the people to know that He was their God and that He had died for their sins. One by one the people felt the marks in Jesus' side, hands, and feet. The people knew He was the Savior. Then the people praised Jesus and fell at His feet and worshiped Him. Jesus called Nephi and 11 other men to Him. He gave them priesthood power and taught them the right way to baptize. He told the Nephites to believe in Him, repent, and keep the commandments. If they did not, they could not enter His kingdom. He taught the Nephites how to pray to Heavenly Father. He also taught them about fasting and said they would be forgiven if they forgave one another. After teaching the people many things, Jesus told them to go home and think and pray about what He had said. The Nephites began to cry. They did not want Jesus to leave yet. Jesus loved the Nephites. He told them to bring the people who were sick or hurt to Him so He could heal them. Jesus healed these people. Everyone bowed down and worshiped Him. Jesus Christ told the Nephites to bring their little children to Him. The children sat on the ground near Jesus. The Savior told the people to kneel down. Then He knelt and prayed to Heavenly Father. The Savior's prayer was so marvelous that it could not be written. It filled the Nephites with joy. After His prayer Jesus said the Nephites would be blessed because of their faith. He felt so much love and happiness that He wept. Then He took the children and blessed each one. He prayed to Heavenly Father for them and wept again. Jesus told the Nephites to look at their children. As the people watched, angels came down from heaven and encircled the children. The children and the angels were surrounded by fire.

HOST: Children at home please get ready to read along with us by turning to page 126 of your book; Chapter 45: Jesus Christ Teaches about the Sacrament and Prayer.

[BEGIN MUSIC: The Sacrament)

As I take the water and bread,  
I'll think of the words the Savior said:  
"This do in remembrance of me.  
This do in remembrance of me."

Jesus gave His life for me.  
I want to serve Him thankfully.  
I will remember Him.  
I will remember Him.

[END MUSIC]

CHILD: Jesus Christ sent His disciples to get some bread and wine. He told the Nephites to sit on the ground.

CHILD: When the disciples returned, the Savior broke the bread into pieces and blessed it. He gave some to His disciples and had them give some to the people.

CHILD: Jesus said that people who take the sacrament promise to always remember Him and His sacrifice. They then receive His Spirit.

CHILD: Jesus Christ blessed the wine and gave some to His disciples. The disciples gave some wine to the people.

CHILD: Jesus said those who take the sacrament promise to keep His commandments.

CHILD: Jesus again told His disciples that everyone who takes the sacrament and always remembers Him will have His Spirit.

CHILD: He told His disciples they would be blessed if they kept His commandments.

CHILD: He told them to pray always and to pray as they had seen Him pray.

CHILD: The Savior told all the Nephites to pray to Heavenly Father in His name. He also commanded them to pray with their families.

CHILD: He said the people should meet together often. They should welcome others to their meetings, pray for them, and be good examples to them.

CHILD: The Savior gave His disciples the power to give the Holy Ghost.

CHILD: Then a cloud covered the people so that only the disciples saw Jesus Christ go up to heaven.

HOST: Alright. What did Jesus Christ ask His disciples to bring? Gabe.

GABE: Bread and wine.

HOST: That's right. And what did Jesus do with the bread? Sydney.

SYDNEY: He blessed them.

HOST: Yeah. He blessed it and what else did He do with it?

CHILD: He blessed it, broke it and then He gave it to the disciples so the disciples could give it to the people.

HOST: Uh-huh. That's right. That's right. What did He do with the wine? Can you remember?

CHILD: He gave it to His disciples. First He blessed it and then He gave it to His disciples to give it to the people.

HOST: Uh-huh. That's exactly right. So who prepares, passes and blesses the sacrament in our ward? Camille.

CAMILLE: Deacons.

HOST: Not exactly. They pass it, don't they?

CHILD: Yeah.

HOST: Yeah. They pass it. So the deacons pass us the sacrament and bring it to us. Who blesses it? Meghan.

MEGHAN: The priests.

HOST: Uh-huh. Yeah, the priests. And sometimes even elders and other people can bless the sacrament if a priest isn't there to do it. Because sometimes my husband has had to bless the sacrament or even sometimes members of the bishopric have to bless the sacrament, depending on how many people are in your ward, huh. So Gabe, are you looking forward to someday passing the sacrament and blessing it?

GABE: Yes.

HOST: That's going to be a special job for you, huh?

GABE: Yeah.

HOST: Yes, it is. How old do you have to be to participate in the sacrament? Gabe.

GABE: Twelve, I think.

HOST: Yeah. That's right. In order for you to pass the sacrament, you've got to be twelve. Does anybody know how old the gentlemen that bless the sacrament have to be?

CHILD: Is it 18?

HOST: No.

CHILD: 16.

HOST: Yes. 16 years old. Good job. Alright. I want to ask you another question. What do people who take the sacrament promise?

CHILD: They promise to remember Jesus Christ.

HOST: Yes, they do. They promise to always remember Jesus Christ and to do what else? Something He's asked them to do.

CHILD: To remember Him.

HOST: To remember Him. That's right. And also to do something...

CHILD: Keep His commandments.

HOST: Yes. To keep His commandments. What does Jesus promise in return for those people who keep their promise?

CHILD: Happiness.

HOST: Yes, that's definitely part of it. What else does He promise? Gabe.

GABE: That His Spirit will always be with them.

HOST: That's right. That His Spirit will always be with them. How do you keep the commandments? We promise to keep His commandments when we take the sacrament. Well, first of all, let's start with, what are commandments?

CHILD: They are things that Jesus Christ and Heavenly Father want us to do.

HOST: Yeah.

CHILD: To be like Them.

HOST: Uh-huh. Exactly. They are things that Jesus Christ and Heavenly Father want us to do. What, for instance, would be one of the commandments? What's one of the things that They've asked us to do?

CHILD: Be honest.

HOST: Yes. Be honest. Kaitlin.

KAITLIN: Not do drugs.

HOST: Not do drugs. Sydney.

SYDNEY: Read the scriptures.

HOST: Yup. Uh-huh. Meghan.

MEGHAN: Honor our father and mother.

HOST: Absolutely. These are all great examples of commandments. So how do you guys keep the commandments right now in your lives?

CHILD: I remember Jesus and the sacrifice that He gave for me so I try to remember to always be like Him.

HOST: And if we're being like Him, we're probably keeping the commandments, aren't we? Now He promised that if we do those things, we will always have His Spirit to be with us. What does that mean, to have His Spirit with us?

CHILD: To have His comfort when we're feeling down.

HOST: Yeah. Uh-huh. What else?

CHILD: That we know He's here for us.

HOST: Yes, absolutely. What other wonderful things come with having His Spirit with us all the time?

CHILD: Helps us avoid temptations of Satan.

HOST: Is there anything else that having His Spirit with us all the time can bless us in our lives?

CHILD: It can help us choose the right.

HOST: Definitely. It can help us choose the right.

CHILD: To lead us and guide us.

HOST: Yes. Definitely. Rebecca.

REBECCA: It can help us to make good decisions.

HOST: Yes, definitely. Sydney.

SYDNEY: Comfort us.

HOST: Yes, to comfort us. All these things are wonderful answers and they are all correct.

CHILD: To treat others the way Jesus would treat them.

HOST: Absolutely. And even to protect us and help us just feel generally happy in our lives. Okay. What can we do during the week—now that we've talked about how it feels and what benefits there can be to having His Spirit with us all the time, what can we do during the week to always remember the Savior so that we may have His Spirit to be with us? Because it sounds like something I'd like to have. Wouldn't you like to have His Spirit to be with you all the time?

CHILD: Yeah.

HOST: Uh-huh. So what can we do? Sydney.

SYDNEY: Pray.

HOST: Yes. Camille.

CAMILLE: Not fight with our family members.

HOST: Oh, that's a great one. Gabe.

GABE: Read the scriptures.

HOST: Uh-huh. That's a great one. Kaitlin.

KAITLIN: Have family prayer every night.

HOST: Yes. Excellent. Meghan.

MEGHAN: In the week, out of church and stuff like that, there's more temptations around, so we could try to avoid those temptations with the Spirit of Christ in us so it'll help us.

HOST: Definitely. Rebecca.

REBECCA: Going to church.

HOST: Yes, that's a big one. And that's one of His commandments, too, huh.

CHILD: Obey our parents.

HOST: Uh-huh. That's another great one. I love that one. So who exactly are we praying to? Gabe.

GABE: To Heavenly Father.

HOST: Yes, that's right. And in whose name do we pray? Rebecca.

REBECCA: In Jesus Christ's.

HOST: That's right. We pray in the name of Jesus Christ. That's right. Now, Meghan, remember you mentioned family prayer. Why is family prayer important?

CHILD: So that all of us can get together and pray to our Heavenly Father, kind of like having Heavenly Father coming and talking, our family, our whole family, talking to Him.

HOST: Uh-huh. What do you think family prayer can also do for you as a family, do for your family?

CHILD: It can help the Spirit be in our home.

HOST: Yes, and also it can help to do what? Rebecca.

REBECCA: It can help our family be closer together.

HOST: Definitely. Sydney.

SYDNEY: To bring families closer together.

HOST: Yeah, absolutely, and to strengthen our families. And it's also one of the commandments from our prophets to pray as a family. You know what's so wonderful about prayer is that you can pray anytime, even when you're by yourself or with two people or with a big group of people or with a family or anything. Prayer is very wonderful. We can talk to our Heavenly Father any time, even by ourselves, and even just quietly in our heart, without even making any noise, huh. Family prayer is a special way to bond with the family and bring the Spirit closer and into your home. So how can you help your family have regular family prayer, if that is your goal?

CHILD: Come up for prayer when you're called to come up.

HOST: That's great. So if mom or dad says, "Time for family prayer," you come right there, right? Drop what you're doing and run.

CHILD: To remember your family, to remind your family.

HOST: That's great. Yeah, you can remind them. If it's getting close to bedtime or whatever and nobody's had prayer, you could walk up to mom or dad and say, "Hey, shouldn't we be having prayer about now, mom or dad?" I think they would love that. If you did that, help to remind them to have family prayer. What did Jesus Christ say we should do for those who are not members of the Church? This also has very much to do with prayer.

CHILD: Pray for them and be a good example.

HOST: Yes. Absolutely. Did He say that if somebody looks different or is smelly or weird, that they shouldn't come to church?

CHILD: Well, He says that they are all the same in the eyes of God and that He doesn't care if they're like smelly or weird, that they can always be welcome into the Church.

HOST: That's right. Are we supposed to turn them away at the door if they're not wearing their best Sunday clothes?

CHILD: No.

HOST: What do we do?

CHILD: Welcome them.

HOST: We welcome them and then we ...

CHILD: Include them and let them come to class with us.

HOST: We welcome them and we pray for them. What power did Jesus give to His disciples before He left?

CHILD: The Holy Ghost.

HOST: Yes, He gave them the Holy Ghost and what power did He give about the Holy Ghost? Sydney.

SYDNEY: The priesthood power.

HOST: Yes, He gave them the power and the priesthood to give other people the Holy Ghost, huh. Why is this power so important?

CHILD: Because it's strong.

HOST: Yes, it is strong.

CHILD: Because if nobody has the authority to give the Holy Ghost, then nobody else can have the good feeling inside of the Holy Ghost. Nobody else can have it.

HOST: That's right.

CHILD: If we didn't have it, then we couldn't get baptized or have the sacrament.

HOST: Okay. So if we didn't have the priesthood authority, we wouldn't be able to get baptized or have the sacrament. That's true.

CHILD: The priesthood is Heavenly Father's power.

HOST: Yes, it is. So the power to give the Holy Ghost is very important because that goes with baptism and Jesus wants us to have that, that special companionship and gift, so when we get baptized, that's wonderful and we're now a part of His Church and we've been forgiven of all our wrongs and we're starting afresh, and then He wants to give us the Holy Ghost as our companion so that we can continue to make good choices. It would be sad if we couldn't have that gift, huh. So He wanted everybody to have that so He gave His disciples the power to give that to everyone. Children, when we remember Jesus and keep His commandments, we have the Holy Ghost to be with us.

[BEGIN MUSIC: The Holy Ghost)

When Christ was on the earth,  
He promised He would send  
The Holy Ghost to comfort us,  
Our true, eternal friend.  
The Holy Spirit whispers  
With a still small voice.  
He testifies of God and Christ  
And makes our hearts rejoice.

And when we are confirmed  
By sacred priesthood pow'r,  
The Holy Ghost is giv'n to us  
To guide us ev'ry hour.  
Oh, may I always listen  
To that still small voice.

And with His light I'll do what's right  
Each time I make a choice.

[END MUSIC]

- HOST: You're listening to Scripture Stories. Let's continue reading about the teachings of Jesus to the Nephites. Children, please turn to Chapter 46: Jesus Christ Teaches and Prays with the Nephites.
- CHILD: The Nephites who saw Jesus Christ told their friends He would be back the next day. Many people worked very hard to get to where Jesus would be.
- CHILD: The next morning Nephi and the other disciples taught the group that had gathered.
- CHILD: The disciples then prayed that they would receive the Holy Ghost.
- CHILD: Nephi went into the water and was baptized. Then He baptized the other disciples.
- CHILD: After they were baptized, the disciples received the Holy Ghost. Fire seemed to surround them, and angels came down from heaven and ministered unto them.
- CHILD: While the angels were with the disciples, Jesus came and stood among them.
- CHILD: Christ told all the Nephites to kneel on the ground. He told His disciples to pray.
- CHILD: While they were praying, Jesus went a little way off from the people and knelt down and prayed to Heavenly Father.
- CHILD: Jesus thanked Heavenly Father for giving the Holy Ghost to His disciples. Then He asked for the Holy Ghost to be given to anyone who believed the disciples' words.
- CHILD: Jesus blessed His disciples while they were praying. He smiled at them, and they became as white as His face and clothing.
- CHILD: Jesus prayed again for His disciples. He was pleased with their great faith.
- CHILD: Christ told the people to stop praying but to keep praying in their hearts. Then He gave them the sacrament.
- CHILD: No one had brought bread or wine, but the Savior provided it in a miraculous way.
- CHILD: Jesus Christ told the Nephites that His gospel would be brought back to the earth in the last days.
- CHILD: He told them to study the scriptures, and He had Nephi write in the records the fulfillment of the rest of Samuel the Lamanite's prophecies.
- CHILD: Then Jesus taught the people from the scriptures. He told them to teach one another the things He had taught them.
- CHILD: Jesus went back up to heaven, and His disciples taught the people. Those who believed were baptized and received the Holy Ghost.

CHILD: The Nephites began to obey all the commandments.

HOST: What did the disciples pray for? Gabe.

GABE: The Holy Ghost.

HOST: Uh-huh. Indeed. And how was this gift given to them? Camille.

CAMILLE: If they were good.

HOST: Uh-huh. Sydney.

SYDNEY: By Nephi.

HOST: Okay. Gabe.

GABE: The angels gave it to them.

HOST: Alright. Kaitlin.

KAITLIN: They were baptized.

HOST: Awesome. What did Jesus have all the Nephites do to get ready for prayer? What did He tell them to do? Rebecca.

REBECCA: He told them to kneel down.

HOST: Yes. He told them to kneel down. When do you kneel and pray? Sydney.

SYDNEY: During family prayer and personal prayers.

HOST: Yeah. That's a great time. Camille.

CAMILLE: At night and in the morning.

HOST: Uh-huh. Absolutely. Rebecca.

REBECCA: When I go to bed and when I wake up.

HOST: Awesome. Kaitlin.

KAITLIN: For family prayer.

HOST: Yeah, that's a great time. How does kneeling show respect for Heavenly Father? Kaitlin.

KAITLIN: It shows respect by when you kneel, you can't see Heavenly Father but maybe it could be like standing next to Him and looking at Him.

HOST: Well, if you were to go visit a king, or a ruler of the country, would you kneel or bow before the king?

CHILD: Yes.

HOST: Did you know that Heavenly Father is the King of the universe? So how much more then should we kneel to Him? Sydney.

SYDNEY: Lots.

HOST: Yes. It shows great respect to kneel to our Heavenly Father. It shows Him that you recognize that He is greater and so it's kind of a way to put yourself lower and to bow your head to show respect just as you would a king or a queen but even more. What are some other ways that we can show reverence and respect while praying in our homes and classrooms? Rebecca.

REBECCA: To close your eyes and bow your head.

HOST: Yes. Absolutely. Sydney.

SYDNEY: To kneel and fold your arms.

HOST: Uh-huh. Gabe.

GABE: We can use "thee" and "thou."

HOST: Yes. We can use respectful language. Meghan.

MEGHAN: Well, we cannot fool around when we pray and really concentrate on what the person is saying.

HOST: Absolutely. Keep our bodies still and reverent. Kaitlin.

KAITLIN: At the end of a prayer, we can say amen.

HOST: Yes, and what does it mean when we say amen? Is it just something to say? What does amen mean?

CHILD: I think it means "I agree."

HOST: Exactly. It means "I agree with the prayer." Kind of like, "I'm saying this prayer too. Amen." What did Jesus thank Heavenly Father for in His prayer? Camille.

CAMILLE: For giving the Holy Ghost to His disciples.

HOST: Uh-huh. That's right. Why do you think expressing thanks is such an important part of our prayers? You know, Jesus taught—when He first taught His disciples in Jerusalem how to pray, He said one of the main things you ought to do or He showed them is that we first thank our Heavenly Father for our many blessings, so obviously this is very important. Why? Rebecca.

REBECCA: Then you will be happy because you are thanking Him.

HOST: Yeah. You always are more happy when you have an attitude of gratitude. Kaitlin.

KAITLIN: Heavenly Father gave us everything so we should thank Him for giving us everything we have, kind of like a birthday present. If someone gives it to you, you should say thank you, and Heavenly Father gives us everything so we should say thank you.

HOST: That's right. At the very least, it's just polite. Meghan.

MEGHAN: Well, we should say thank you because we need Heavenly Father to know that we are truly grateful for everything He's given us on this earth.

HOST: Yes. And we also need to show that we are humble and we realize that we depend on the Lord for all the good things in our life. When the Lord prayed to Heavenly Father, what did He ask Him for? Sydney.

SYDNEY: For the people who believed in His disciples' teachings would also receive the Holy Ghost.

HOST: Yes, He asked that everybody could receive the Holy Ghost there. Jesus told the people to always pray in their hearts. How do you pray in your heart? Becca.

BECCA: By thinking of Him.

HOST: Okay. Meghan.

MEGHAN: I try to stop as much as I can whether I'm at school or someplace that something big is going on, I try to settle down and find a quiet place so that it's more humble and reverent when I say something in my heart.

HOST: Gabe.

GABE: Remember Jesus and think of Him a lot.

HOST: How do you pray in your heart?

CAMILLE: Silently in your mind.

HOST: Uh-huh. Silently in your mind. Yeah. Kaitlin.

KAITLIN: Like what Camille says, silently in your mind. You should go somewhere where it's quiet so it's not like at a performance and everybody's screaming and you try to do it should be reverent so it's humble and holy.

HOST: Yeah, you can actually, anywhere you are at any time, you can pray in your heart. Did you realize that? If you're walking down the street and there is noisy cars, you can still pray in your heart because it's actually silently in your mind and you're feeling the prayer and so when we want to pray to Heavenly Father, let's say we're walking down the street and it's a busy street and there's people all around. Do we have to drop to our knees and say, "Dear Heavenly Father" right in the middle of the street? No. That's why it's so wonderful that we can pray in our heart. We can be anywhere at any time. Sometimes quiet in our own room where it's reverent and sometimes in the midst of noisy, crazy things, and especially in places—let's say you're in trouble, let's say things, you're in a situation where you don't feel so good. You feel like the Holy Ghost doesn't want to be

there, maybe it is noisy and loud and a little scary. That's a perfect time to pray in your heart, to ask for guidance and to get in touch with your Heavenly Father.

Children, because our Heavenly Father loves us so much, He gave us prayer—a way to communicate with Him and stay close to Him. Through prayer we can talk to Heavenly Father and He can answer us through the Holy Ghost as we pray.

[BEGIN MUSIC: A Child's Prayer]

Heavenly Father, are You really there?  
And do You hear and answer ev'ry child's prayer?  
Some say that heaven is far away,  
But I feel it close around me as I pray.

Heavenly Father, I remember now  
Something that Jesus told disciples long ago:  
"Suffer the children to come to me."  
Father, in prayer I'm coming now to Thee.

Pray, He is there;  
Speak, He is list'ning.  
You are His child;  
His love now surrounds you.

He hears your prayer;  
He loves the children.  
Of such is the kingdom,  
The kingdom of heav'n.

Heavenly Father, are You really there? /	Pray, He is there;
And do You hear and answer ev'ry child's prayer? /	Speak, He is list'ning.
Some say that heaven is far away, /	You are His child;
But I feel it close around me as I pray. /	His love now surrounds you.

Heavenly Father, I remember now /	He hears your prayer;
Something that Jesus told disciples long ago: /	He loves the children.
"Suffer the children to come to me." /	Of such is the kingdom,
Father, in prayer I'm coming now to Thee. /	The kingdom of heav'n.

[END MUSIC]

HOST:

We've learned so much. I hope we'll all thank Heavenly Father in our prayers for all He taught us and I hope we'll keep talking about the things we've learned with our families and other people we love. Next week, join us as we read Chapter 47: Jesus Christ Blesses His Disciples, and Chapter 48: Peace in America. If you'd like to listen to this program again, a grownup can help you get a copy to play on your computer, iPod or other music player at [radio.lds.org](http://radio.lds.org). You can also sign up to get new episodes as soon as they're ready. If you'd like your own copies of the scripture stories as books or DVDs, you can find

them at [scripturestories.lds.org](http://scripturestories.lds.org) or a grownup can buy them at your local Church distribution center.

CHILDREN: See you next week.

[BEGIN MUSIC: Scripture Power]

I'll find the sword of truth in each scripture that I learn.  
I'll take the shield of faith from these pages that I turn.  
I'll wear each vital part of the armor of the Lord,  
And fight my daily battles, and win a great reward.

Scripture power keeps me safe from sin.  
Scripture power is the power to win.  
Scripture power! Ev'ry day I need  
The power that I get each time I read.

[END MUSIC]